

Through ethical and sustainable means, we take great pride in crafting premium jackfruit products that are simply irresistible. A true labour of love and boundless passion.



**THE JACK MAN
FOOD SERVICE
SMOKY BBQ JACKFRUIT**

E: info@thejackman.com.au

W: www.thejackman.com.au

P: 1300 34 76 56

M: 0412 009 377

L: 68 Ricketts Road, Mount Waverley, Victoria 3149

PRODUCT SPECIFICATION

BENEFITS

Meaty Texture
Whole Food (Fruit)
Minimally Processed
Sustainably Sourced
Ready to Heat & Serve
Ease of Use
High in Fibre
Cholesterol Free

PRODUCT INFORMATION

Product code: 1002
Unit Weight: 1Kg
Serving size: 83.3g
Serving per unit: 12

Case size: 9 units (9Kg)
Case Gross: 10Kg
Case Size : 30x23x27cms

Shelf Life : Best before 24 Months
County of Origin: India

DESCRIPTION:

Our smoky BBQ jackfruit contains 73% young jackfruit chunks slow cooked to perfection in authentic BBQ sauce and ready to eat. It's an ideal plant based (tree-borne) filling for use in burgers, wraps, salads, bowls, sandwiches, pizzas and other types of foods. Its versatility lends itself to not only being a filling but also an accompaniment alongside various types of foods.

COOKING INSTRUCTIONS:

Quick: Warm up the jackfruit directly from the pouch using any heating method, and then incorporate it as a filling in your creation.

For best result: Pan-fry with a drizzle of oil until the sauce reduces and achieves a delightful crispy texture.

Tips: To obtain a shredded consistency, break up the contents in the pouch or while heating.

STORAGE INSTRUCTIONS

Unopened Pouch: Store carton and pouch in a cool dry place (Ambient)
Opened Pouch: Refrigerate and use within 3 days

SHELF LIFE:

Best before 24 Months

MANUFACTURING FACILITY:

FDA approved canning facility & ISO22000

SAFETY INSTRUCTIONS:

Do not consume if the inner pouch is bloated or leaking.

ALLERGENS :

CONTAINS: GLUTEN CEREALS (WHEAT)

PRODUCT NATURE:

Seeds and seed cover often appear, these are natural edible part of the fruit

Plant

Based

READY
TO EAT

INGREDIENTS:

Jackfruit (73%), BBQ Sauce (27%) (Tomato Paste, Unrefined Cane Sugar, Liquid Glucose, Sugar, Chilli Powder, Tamarind, Food Acid (Acetic acid), Iodised Salt, water, Permitted Stabilizer (415), Natural Colour (150d) and Natural Flavouring)

NUTRITION INFORMATION

SERVINGS PER PACK 12	AVERAGE QUANTITY	AVERAGE QUANTITY
SERVING SIZE 83.3g	PER SERVE	PER 100 g
Energy Value	309.6kj (74 Cal)	371.5kj (89 Cal)
Protein	1.6g	1.9g
Fat - Total	0.02g	0.02g
Saturated Fat	Less than 0.1g	Less than 0.1g
Trans Fat	Less than 0.1g	Less than 0.1g
Polyunsaturated Fat	Less than 0.1g	Less than 0.1g
Monosaturated Fat	Less than 0.1g	Less than 0.1g
Cholesterol	Less than 0.1g	Less than 0.1g
Carbohydrates	16.1g	19.4g
Sugars	10.6g	12.7g
Dietary Fibre	4.3g	5.2g
Sodium	233mg	280mg

