

*Through ethical and sustainable means, we take great pride in crafting premium jackfruit products that are simply irresistible. A true labour of love and boundless passion.*



**THE JACK MAN  
FOOD SERVICE  
NUDE JACKFRUIT**

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# PRODUCT SPECIFICATION

## BENEFITS

Meaty Texture  
Whole Food (Fruit)  
Minimally Processed  
Sustainably Sourced  
Ready to Heat & Serve  
Ease of Use  
High in Fibre  
Cholesterol Free

## PRODUCT INFORMATION

Product code: 1001  
Unit Weight: 900g  
Serving size: 75g  
Serving per unit: 12

Case size: 7.2 units (9Kg)  
Case Gross: 8Kg  
Case Size : 30x23x27cms

Shelf Life : Best before 24 Months  
County of Origin: India

## DESCRIPTION:

Our nude jackfruit is just 100% young jackfruit chunks slow cooked to perfection and ready to eat. It's an ideal plant based (tree-borne) filling for use in curries, salads, bowls, sandwiches, pizzas, wraps, burgers, tacos and other types of foods. Its versatility lends itself to not only being a filling but also an accompaniment alongside various types of foods.

## COOKING INSTRUCTIONS:

**Quick:** Season the jackfruit straight out of pouch, add your favorite sauce and use it as a filling in your creation.

**For best result:** Pan-fry with a drizzle of oil until you obtain a delightful crispy texture.

Season it, add your favorite sauce, and use it as a filling in your creation.

Tips: To obtain a shredded consistency, break up the contents in the pouch or while heating.

## STORAGE INSTRUCTIONS

Unopened Pouch: Store carton and pouch in a cool dry place (Ambient)

Opened Pouch: Refrigerate and use within 3 days

## SHELF LIFE:

Best before 24 Months

## MANUFACTURING FACILITY:

FDA approved canning facility & ISO22000

## SAFETY INSTRUCTIONS:

Do not consume if the inner pouch is bloated or leaking.

## PRODUCT NATURE:

Seeds and seed cover often appear, these are natural edible part of the fruit

Plant

Based

READY  
TO EAT

## INGREDIENTS:

100% Jackfruit Chunks

NUTRITION INFORMATION		
SERVINGS PER PACK 12	AVERAGE QUANTITY	AVERAGE QUANTITY
SERVING SIZE 75g	PER SERVE	PER 100 g
Energy Value	134kj (32 Cal)	176kj (42 Cal)
Protein	1.8g	2.4g
Fat - Total	Less than 0.1g	Less than 0.1g
Saturated Fat	Less than 0.1g	Less than 0.1g
Trans Fat	Less than 0.1g	Less than 0.1g
Polyunsaturated Fat	Less than 0.1g	Less than 0.1g
Monosaturated Fat	Less than 0.1g	Less than 0.1g
Cholesterol	Less than 0.1g	Less than 0.1g
Carbohydrates	6.3g	8.4g
Sugars	Less than 0.1g	Less than 0.1g
Dietary Fibre	5.4g	7.2g
Sodium	Less than 0.1mg	Less than 0.1mg

